



## Tissue

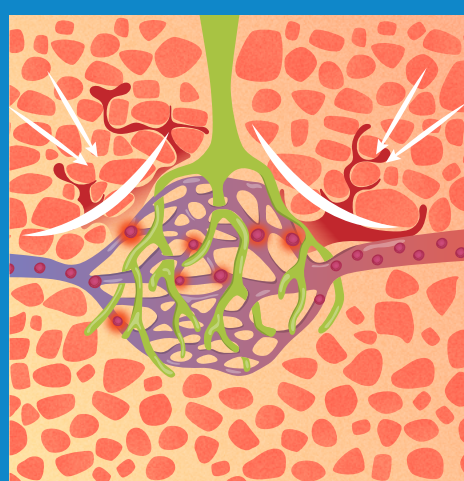
Any injury is basically a strain or rupture of tissue. **TISSUE CONTAINS CAPILLARIES THAT BREAK AS A CONSEQUENCE OF THE RUPTURE.**

Everything that normally flows inside the capillaries will now flow into the surrounding tissue.



## Injuries

With regular physical exercise always comes the risk of minor injuries, which will compromise our training routine. The immobility following the injury, will **REDUCE PART OF THE STRENGTH AND STAMINA WE BUILT UP.**



## Response

The body responds to the unfamiliar material flowing outside the blood vessel, in the same way it responds to outside bacteria in a cut of the skin for example. The same way the sport-injured tissue will produce swelling, heat and a bruise.

## White blood cells

**WHITE BLOOD CELLS COME IN TO CLEAN THE INJURED AREA,** causing the capillaries to remain wide open.

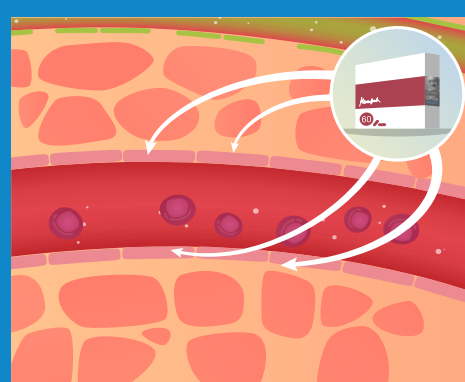
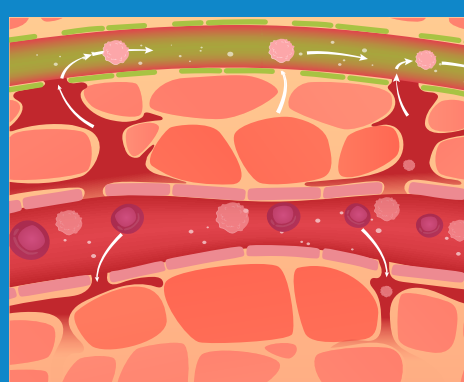
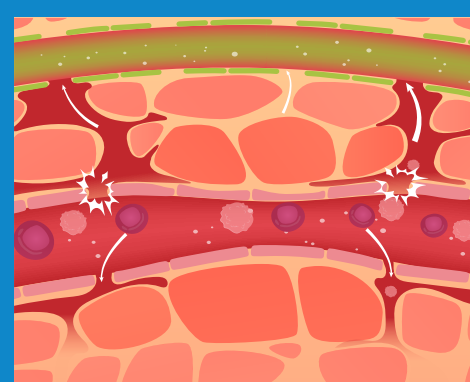
In this way new debris keeps flowing into the surrounding tissue and the situation lasts. This is how the colored bruise can sometimes take weeks to fully subside.

## Capillary walls

If one can restore the capillary walls faster, the leakage will stop faster too. **WITH THE CAPILLARIES RESTORED, THE LYMPHATIC SYSTEM CAN MORE EFFECTIVELY REMOVE THE DEBRIS,** reduce the swelling and make the bruise disappear. And this is precisely where MASQUELIER's® Original OPCs is of benefit.

## Clinical study

A clinical study performed in the 80s demonstrated that MASQUELIER's® Original OPCs significantly **DECREASED MINOR LEG SWELLING IN SUBJECTS WITH NON-SEVERE SPORTS INJURIES.** The swelling decreased much faster relative to the group receiving a placebo.



## OPCs

By helping restore the normal function of the capillaries, **MASQUELIER's® Original OPCs CAN ACCELERATE THE RECOVERY PROCESS,** so you can get back into your training routine more quickly.

